Effects of exploration-exploitation strategies in dynamic Forex markets The use of Reinforcement Learning in Algorithmic Trading Serban Mihai-Radu, Supervisors: Amin Sharifi Kolarijani, Antonis Papapantoleon, Neil Yorke-Smith

Introduction

- The foreign exchange (Forex) market is the largest and most liquid financial market in the world, with daily trading volumes exceeding \$7.5 trillion. Its decentralized structure, continuous operation, and sensitivity to macroeconomic and geopolitical factors make it highly volatile and difficult to model. In such environments, traditional rule-based or static statistical strategies often fail to adapt to shifting market dynamics.
- **Reinforcement Learning (RL)** presents a promising alternative by enabling agents to learn directly from interaction with the market and optimize decisionmaking over time. However, a critical challenge in applying RL to financial domains lies in the design of exploration-exploitation strategies—determining how an **agent should balance trying new actions** with leveraging past experience.
- This project investigates **how different exploration** mechanisms affect learning stability, policy quality, and trading performance in non-stationary Forex environments, using a **controlled deep Q-learning** framework.

Background

Reinforcement Learning

(RL) is a framework for sequential decisionmaking, where agents learn by **interacting with** an environment and receiving feedback in the form of **rewards**.

Exploration-exploitation strategies determine how agents balance trying new actions versus using known profitable ones.

This study focuses on three strategies:

- Epsilon-Greedy
- Boltzmann (Softmax)

 $a_t =$

 Max-Boltzmann (hybrid)

- \mathcal{S} is the state space,
- A is the action space,
- $\mathcal{P}(s'|s, a)$ is the transition probability,
- $\mathcal{R}(s, a)$ is the reward function, • $\gamma \in [0, 1)$ is a discount factor.

The objective is to learn a policy $\pi(a|s)$ that maximizes the expected cumulative discounted reward:

$$(\pi) = \mathbb{E}_{\pi} \left[\sum_{t=0}^{\infty} \gamma^t r_t \right]$$



random action $\arg \max_a Q(s_t)$

a) with probability
$$1 - a \exp(Q(s_t, a)/\tau)$$

with probability ε

$$s_t) = \frac{\exp(Q(s_t, a)/T)}{\sum_{a'} \exp(Q(s_t, a')/T)}$$

(sample from softmax($Q(s_t, \cdot)$) with probability ε $\operatorname{larg\,max}_{a} Q(s_t, a)$ with probability $1 - \varepsilon$ Methods

The agent operates within a custom Gym-compatible trading environment that simulates a realistic foreign exchange (Forex) setting.

At each timestep, the agent selects one of three discrete actions: open a long position (buy), open a short position (sell), or hold cash. These actions map to target exposures of +1, -1, or 0, respectively, with the entire portfolio allocated accordingly.



Execution is asymmetric: long trades are opened at the ask price and closed at the bid; short trades follow the inverse. The portfolio equity is updated after each action, and the agent receives a **reward equal to the logarithmic change in** equity—capturing relative performance while mitigating scale sensitivity.

$$r_t = \log(E_t) -$$

A Deep Q-Network (DQN) is used to learn the action-value function Q(s,a), enabling the agent to estimate expected longterm returns for each action given the current state. The architecture consists of two hidden layers with ReLU activations.

Training is conducted via **experience replay**, with minibatches sampled from a fixed-size buffer, and target network updates occurring periodically to stabilize learning. All hyperparameters are fixed across experiments to isolate the effects of the exploration strategy. Exploration behavior is implemented using custom subclasses of the DQN agent.

Training is carried out over **20 episodes**, each representing a complete chronological pass through historical EUR/USD data. At the end of every episode, the model is checkpointed and evaluated on a held-out test set. During evaluation, the agent acts greedily (without exploration), allowing for consistent performance assessment. **Key metrics**—including Sharpe Ratio, Maximum Drawdown, Profit Factor, Win Rate, and total equity gain—are logged after each checkpoint to track learning progress and compare the stability and effectiveness of different exploration strategies.

 $\log(E_{t-1})$

Results

All agents were trained under identical conditions, with only the exploration strategy varied.

The Epsilon-Greedy agent showed unstable learning behavior and frequent policy collapse. It often converged to near-inactive strategies, executing very few trades during evaluation. Its final performance yielded a **negative Sharpe Ratio** and the **lowest** equity return of all strategies.





The Boltzmann agent demonstrated a more balanced action distribution and slightly improved risk-adjusted returns. However, its performance remained volatile across checkpoints, and it failed to consistently outperform random baselines or consolidate gains in later training stages.



The Max-Boltzmann agent achieved the strongest and most stable results across all metrics. It showed a clear upward trend in Sharpe Ratio and equity growth throughout training, along with moderate drawdown and consistent trading activity. This agent effectively balanced exploration and exploitation, avoiding premature convergence while limiting exposure to high-risk actions.





Evaluation metrics—such as Sharpe Ratio, Profit Factor, Maximum Drawdown, and total equity gain—consistently favored Max-Boltzmann, highlighting its robustness in non-stationary market conditions. Performance trends across checkpoints further supported its stability and learning efficiency over time.



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Discussion and Conclusions

Exploration strategy had a **decisive impact** on both the learning dynamics and ultimate performance of RL agents.

Epsilon-Greedy, despite being widely used, **frequently** resulted in unstable behavior or complete policy collapse due to its uniform, value-agnostic sampling. It lacked the ability to distinguish between moderately good and clearly poor actions, leading to ineffective or overly cautious policies.

Boltzmann exploration offered some improvement by biasing action selection toward higher-value options, but its lack of structured exploitation often prevented the agent from consolidating gains.

In contrast, the Max-Boltzmann strategy demonstrated a clear and sustained advantage, by combining stochastic, value-weighted exploration with fallback greedy actions. This approach proved **especially valuable in financial** environments, where single missteps can cause compounding losses. The Max-Boltzmann agent achieved the highest Sharpe Ratios, profit factors, and equity growth, while maintaining smooth, convergent learning curves. These findings suggest that hybrid, value-aware exploration strategies are not merely preferable—they may be essential in high-risk, non-stationary RL domains like trading.

Future research could explore curiosity-driven methods and more nuanced reward functions to further enhance adaptability and robustness.

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