

Agent-Based Social Skills Training Systems: A Comprehensive Analysis of Commercial Solutions

CSE 3000 - Research Project

Author: Nuno Antunes (N.A.CatarinoAntunes@student.tudelft.nl)

Supervisors: Willem-Paul Brinkman, Mohammed Al Owayyed

1. Introduction

Social skills play a crucial role in human interaction and communication.

Traditional methods of social skills training, have limitations and cannot simulate real-world scenarios.

Limitations lead to the emergence of agent-based training systems.

Agent based systems are capable of providing immersive learning and adapt to the pace of the learner.

2. Research Question

What commercially available training systems are out there and how do they model their agents and feedback?

3. Aim

The aim of this research is to examine the agent model and feedback systems of commercially available training systems.

Examining these systems will contribute to the development of more effective training systems.



4. Methodology

Design: A rapid review, guided by the PRISMA [1] guidelines, of commercially available agent-based social skills training systems.

Sources: Google and ChatGPT used as the main sources of information.

Eligibility: Inclusion and exclusion criteria were applied to systems originally retrieved.

Collection: Examine company websites, product descriptions and relevant documentation to gather data.

Categorization: Systems were then categorized into two tables.

| Term 1 | Term 2 | Term 3 |
|-------------------------|---------------|-------------|
| Virtual Agent | Social | Training |
| Virtual Reality | Interview | Practice |
| Agent-based | Leadership | Train |
| Artificial Intelligence | Customer | Development |
| Conversational Agent | Interpersonal | Educational |
| Chatbot | | Instruction |
| Simulation | | Coaching |

Table 1: Search terms table

5. Results

| System | Type Training | Input Type | Agent Model Structure | Decision Making | Changeable Emotions/Cognition | Learner Model | Use of Learner Model |
|----------------------|--------------------------|--------------|------------------------------------|------------------------|-------------------------------|---------------|----------------------|
| Elite [10] | Leadership | Choice based | Changes of states are fixed | Direct input to output | No/No | No | - |
| Elite Lite [9,10] | Leadership | Choice based | Changes of states are fixed | Direct input to output | No/No | No | - |
| Dialogue Trainer [6] | General Social Skills | Choice based | Limited States | Scenario is defined | Yes/No | No | - |
| Simmersion [25] | Job Interview & Coaching | Choice based | Representation of changes in state | Scenario is defined | Yes/Yes | Yes | Feedback |
| Kognito [15] | Clinical | Choice based | Representation of changes in state | Scenario is defined | Yes/No | Yes | Feedback |
| Mursion [13] | Customer Service | Open-ended | No Change of states | The teacher actor | - | No | - |
| Virtual Speech [20] | Performance Reviews | Open-ended | Representation of changes in state | Scenario is defined | - | Yes | Feedback |
| Cognii [5] | Communication skills | Open-ended | Representation of changes in state | Scenario is defined | No/No | No | - |

Table 2: Agent classification table

| System | Type Training | When | Content | Covers | Teaching Strategies | Pedagogical Agent | Pedagogical Agent Role(s) |
|----------------------|--------------------------|----------------|---------------------------|----------------|----------------------------|-------------------|---------------------------|
| Elite [10] | Leadership | After | Reflection of performance | Single session | Cognitivism | - | - |
| Elite Lite [9,10] | Leadership | During & After | Reflection of performance | Single session | Cognitivism | Textual Agent | Learning & Feedback |
| Dialogue Trainer [6] | General Social Skills | During | Reflection of performance | Single session | Cognitivism | - | - |
| Simmersion [25] | Job Interview & Coaching | During & After | Reflection of performance | Single session | Cognitivism | Embodiment | Learning & Feedback |
| Kognito [15] | Clinical | During & After | Reflection of performance | Single Session | Cognitivism | Embodiment | Learning |
| Mursion [13] | Customer Service | After | Reflection of performance | Single Session | Cognitivism | - | - |
| Virtual Speech [20] | Performance Reviews | After | Reflection of performance | Single session | Cognitivism | - | - |
| Cognii [5] | Communication skills | During & After | Reflection of performance | Single Session | Cognitivism & Behaviourism | - | - |

Table 3: Feedback classification table

6. Limitations

Commercial landscape is everchanging, systems analyzed are based on the available information at the time of data collection, and some systems may not have been included or may have undergone changes.

Research is constrained by the availability of publicly accessible information, leading to potential information gaps.

Limited sample size of 8 systems analyzed required caution when generalizing the findings.

7. Conclusion and Future work

Study presents two categorization tables that provide insights into, the agent model structures and feedback mechanisms.

These findings were compared to research oriented systems in order to highlight the differences between agent model and feedback choices.

Potential future work could research the effectiveness of different input types and the potential for diversifying feedback mechanisms.

8. References

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